

# Shaping the Future of Mental Health, Learning Disability and Substance Misuse Services in Sussex

**Your chance to have a say  
about services in Brighton  
and Hove, East Sussex and  
West Sussex**



This is a summary leaflet of a full document which is available by clicking on [www.userqnews.net](http://www.userqnews.net) or telephoning the project office on **01243 815170**



This summary leaflet has been issued by Western Sussex Primary Care Trust (PCT), the lead PCT for this project, on behalf of all the primary care trusts in Sussex, including Brighton and Hove City Teaching PCT and Hastings and St Leonards PCT; in partnership with the local authorities: Brighton & Hove City Council, East Sussex County Council, West Sussex County Council, and the NHS trusts who provide specialist services: East Sussex County Healthcare NHS Trust, South Downs Health NHS Trust and West Sussex Health and Social Care NHS Trust.

May 2005



West Sussex County Council



East Sussex County Council



**Brighton & Hove**

Brighton & Hove City Council



**This consultation is about how we can continue to improve mental health services for people of all ages, services for people with a learning disability and services for people who misuse alcohol or drugs, across the whole of Sussex.**

**The consultation runs from 9th May 2005 until 19th August 2005.**

These services are important for everyone, as for example, one in four of us will experience a mental health problem at some point in our lives.

There are a lot of changes taking place nationally in health and social care which will affect the services we provide and how we provide them. This consultation asks for your views on the priorities for developing services and what kind of organisations might be best equipped to provide the services needed.

**These are some of the main ways that we believe services should change:**

- Provide more help through GPs and other local services.
- Do more to help people stay well, independent and part of communities.
- Do more to help people help themselves, especially with 'minor' and long term problems.

- Provide more help for people to achieve a sustained recovery after a period of illness.
- Do more to educate the public and fight stigma and discrimination.
- Ensure health, social services, education, housing and employment services work more closely together to help people live fulfilling lives.
- Use all sectors better - the NHS, council, voluntary and independent.

[The full consultation document gives more details about the proposed changes for each service:](#)

- Mental health services for children and young people
- Mental health services for working age adults
- Mental health services for older people
- Services for people with a learning disability
- Services for people who misuse alcohol or drugs.

All of the changes affect the NHS trusts and other organisations who provide services - primary care trusts, councils, voluntary and independent sectors.



**At present there are three NHS trusts that provide many of these services:**

- West Sussex Health and Social Care NHS Trust
- South Downs Health NHS Trust
- East Sussex County Healthcare NHS Trust

**We have identified 3 options for the future from April 2006:**

## Option 1

Three trusts largely as now with collaboration where appropriate.

## Option 2

Merger between West Sussex Health and Social Care NHS Trust and East Sussex County Healthcare NHS Trust, with South Downs Health NHS Trust continuing to provide the relevant services for Brighton and Hove.

## Option 3

Merger of the three trusts (but only including the mental health, learning disability and substance misuse services currently provided by South Downs Health NHS Trust). For Option 3 only, there are two timescales, completed by April 2006 or April 2007.

The full consultation document explains the main reasons why we are proposing merger of two or all three trusts.

**We are asking for your views on:**

- The future shape of services in the next five years
- The options for providing these services

### How to find out more

You can obtain the full consultation document by contacting the Shaping the Future Project Office on **01243 815170** or by downloading it from the website [www.userqnews.net](http://www.userqnews.net).



Ky dokument flet për të ardhmen e shërbimeve për shëndetin mendor, personal me pajësi mësimore dhe për këqëndorimin e ilaçeve/drogës për banorët e Iat Saseks, Uest Saseks dhe Brajton e Hëuv. Në qoftë se dëshironi që ky dokument të përkthehet, ju lutem plotësoni me "✓" kuadratin përkatës dhe dërgojeni këtë faqe në adresën e poshtëshënuar. Nuk nevojitet postë postare

ALBANIAN



Ce document concerne l'avenir des services psychiatriques, d'aide aux personnes atteintes de troubles d'apprentissage et de lutte contre la consommation de drogues pour les personnes vivant dans l'East Sussex, le West Sussex et à Brighton et Hove. Si vous souhaitez obtenir une traduction de ce document, cochez la case et renvoyez cette page à l'adresse figurant ci-dessous. Vous n'aurez pas besoin de timbre.

FRENCH



بند هذا الكتيب عن مستقبل خدمات الصحة العقلية والإعانة التعليمية والتعاطي الضار، لساكن إيست سسكس (East Sussex) ووست سسكس (West Sussex) وبرايطن و هوف (Brighton and Hove). إذا كنت ترغب في أن يترجم لك هذا الكتيب، الرجاء التوقيع على الصندوق، ثم إرسال هذه الصفحة إلى العنوان الوارد أدناه. لا داعي لاستخدام الطابع البريدية.



ARABIC

这份文件是有关居住在东萨塞克斯郡、西萨塞克斯郡和布莱顿及霍夫市人士的精神健康、学习障碍及滥用物质服务的未来。如果你想得到这份文件的中文翻译，请在方格内画勾，并把本页寄回下面的地址。您不用贴上班票。

MANDARIN



শে সমস্ত মানুষ ইস্ট সাসেক্স, ওয়েস্ট সাসেক্স এবং ব্রাইটন ও হোভে অসুস্থ করেন তাদের মানসিক স্বাস্থ্য, সেবাশুধা শিখার ব্যাপারে অসুবিধা ও শেখার অসুবিধার সমস্যা সমাধানের জন্য। এই ডকুমেন্টটি পড়ুন এবং চিহ্ন দিন। আপনি যদি এই ডকুমেন্টটির অনুবাদ পেতে চান তাহলে ব্যক্তি চিহ্ন দিন এবং এই পৃষ্ঠাটি নীচের ঠিকানায় পরিষ্কার দিন। কোন ডাকটিকটের প্রয়োজন নাই।

Bengali



Este documento contém informação sobre o futuro dos serviços facultados na área de saúde mental, tais como: dificuldades na aprendizagem e o do consumo problemático de drogas, para as pessoas residentes, respectivamente, nas partes ocidental e oriental de Sussex e em Brighton e Hove. Caso queira obter a tradução desta informação, assinale por favor a quadrícula e envie este documento para o endereço constante na parte inferior do mesmo. Não necessita de selo.

PORTUGUESE



这份文件是有关住在东萨塞克斯郡、西萨塞克斯郡和布莱顿及霍夫市人士的精神健康、学习障碍及滥用物质服务的未来。如果你想得到这份文件的中文翻译版本，请在方格内画勾，并把本页寄回下面的地址。你不用贴上班票。

CANTONESE



Este Documento trata sobre el futuro de los servicios de salud mental, dificultades de aprendizaje, y consumo de drogas, para quienes viven en East Sussex, West Sussex y Brighton y Hove. Si desea que este documento sea traducido, por favor marque el casillero y envíe esta página a la dirección indicada debajo. No necesita sellos.

SPANISH



این مطلب در مورد آینده خدمات برای ساکنین East Sussex Brighton, West Sussex و Hove در زمینه سلامت روانی، ناتوانی در یادگیری و استفاده از مواد مخدر می باشد. اگر مایلید ترجمه آنرا داشته باشید، خواهشمندیم شکل مربع زیر را علامت بزنید. نیازی به تمپر پستی نیست.



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Name: \_\_\_\_\_

Address: \_\_\_\_\_

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## How to give your views

To respond to this consultation you can:

- Write to us at Shaping the Future Project Office, Amberley Building, 9 College Lane, Chichester, West Sussex PO19 6FX
- Email us at [sussexshapingthefuture@wsx-pct.nhs.uk](mailto:sussexshapingthefuture@wsx-pct.nhs.uk)
- Reply through the interactive website at [www.userqnews.net](http://www.userqnews.net)

### Public meetings are being held on:

**Wednesday, 8 June,**

Hornbye Sports Complex, Hastings, at 6pm

**Friday, 10 June,**

Civic Centre, Uckfield, at 6pm

**Monday, 20 June,**

Sussex County Cricket Club, Hove, at 12 noon

**Monday, 20 June,**

Village Hall, Billingshurst, at 6pm

**Monday, 27 June,**

Eastbourne Town Hall, Eastbourne, at 6pm

**Tuesday, 5 July,**

Hawth Theatre, Crawley, at 6pm

**Monday, 11 July,**

Field Place, Durrington, Worthing, at 6pm

**Thursday, 14 July,**

Brighthelm Centre, Brighton, at 6pm