

DRAFT Summary of potential integration programme projects and suggested areas for system working in 2020/21

In the context of our wider core business and the continuous improvement of services across our system, the following areas are emerging out of our recent system discussions as being appropriate priorities for our collective system working, in order to add increased value and make further progress during the remainder of 2020/21. Acknowledging that programmes are at different stages of being formalised, ahead of working up objectives, projects and KPIs in more detail these potential areas are currently being further sense-checked to ensure they contribute wherever possible to:

- Offering greater levels and experience of integrated care and personalised care and support;
- Maximising the potential for prevention, early intervention and avoiding unnecessary attendance or admission to hospital;
- Supporting patient flow through hospital, and planning for winter, including the ongoing need to manage the pandemic response and possible outbreak control if this is necessary;
- Supporting organisation and Sussex ICS plans for recovery and restoration of services, including the national requirement to restore NHS services to pre-COVID-19 levels, and;
- Alignment with broader Sussex-wide programme delivery where appropriate, for example the acute care collaborative, primary care and community collaborative and mental health collaborative.

As a result we are developing a revised programme that takes into account the changes and new service models that have recently been put in place and the learning from this work. Our integration programme restoration will focus on the priorities for our recovery and ongoing transformation of care that make best sense to be collectively led at the East Sussex level, covering Children and Young People; Community; Urgent Care; Planned Care, and; Mental Health. Priorities for personalisation, prevention and reducing health inequalities will also where appropriate form a part of each of these programme areas and projects.

Potential projects for the children and young people programme

A programme has been developed to enable increased levels of age-appropriate integrated care across local NHS and Children's Social Care; including integrating physical and mental health services; joint working between primary, community and acute services, and; supporting transition to adult services.

The initial suggested focus will be:

- Pathways and commissioning approach for children in secure or specialist placements.
- Development of new free special schools with places for children with Social Emotional and Mental Health, autism and profound multiple learning difficulties.
- Pathways for children and young people with Autism, ADHD and other neurodevelopmental disorders, aligning local implementation with the outcomes and recommendations from the recently published Sussex-wide Review of Emotional Health and Wellbeing Support for Children and Young People (May 2020).
- Mental health and emotional wellbeing services aligning local implementation with the outcomes and recommendations from the recently published Sussex-wide Review of Emotional Health and Wellbeing Support for Children and Young People (May 2020), and the areas for development outlined in the joint targeted area inspection of the multi-agency responses to children's mental health in East Sussex.
- Pathways for young people transitioning from the children's disability service to adult health and social care services.

Potential projects for the community programme

The previously agreed target operating model for community health and social care services has been reviewed in light of the learning from delivering the response to COVID-19, with the following areas suggested as the revised priorities:

- Joint review and development of hospital discharge processes in the context of embedding hospital discharge hubs that have been developed as part of the pandemic response, including out of county acute pathways.

- In the context of the above work some specific projects on Home First Pathways:
 - Developing a multi-disciplinary, integrated rapid response community team to deliver Home First Pathway 1 (hospital discharge to own home with a package of support).
 - Reviewing Home First Pathway 3 (discharge to temporary nursing or residential beds for assessment), across acute and community health and social care processes and a strategic approach to commissioning, procurement and supplier management of beds.
- Developing and delivering a system approach to supporting care homes through building on the East Sussex Care Homes Resilience Plan and mutual aid support and the primary care Directed Enhanced Service to deliver a cohesive model of support.
- Developing a strategic partnership approach to workforce across Primary Care Networks, community health providers and Adult Social Care relating to allied health professional and practitioner roles.
- Continuing to implement the use of SingleView in community health and social care and linking other key systems in order to give a summary view across more key services.
- Sustaining the Community Hubs that were created by the Council, District and Borough Councils, Voluntary and Community Sector (VCS) and CCG in response to COVID-19 and lock down, including designing a future model.
- Exploring out of hospital assessments and trusted assessor models for Continuing Healthcare, integration of ASC and NHS CHC processes and linking with the work to review Hospital Discharge processes described above.

Potential projects for the urgent care programme

Continued implementation of our urgent care plans and programme including:

- Expanding the High Intensity User service introduced last year in East Sussex, refining the offer and delivering to a wider potential cohort of people who frequently use services.
- Continued implementation of the integrated urgent care model, including NHS 111 First and Talk Before You Walk.
- Further consolidation of the Professional Support Line and Health and Social Care Connect to align with the Target Operating Model for community health and social care services, and streamline access to health professionals.
- Redesigning falls prevention services to ensure best practice and reduce unwarranted variation.

Potential projects for the planned care programme

- The overriding priority is restoration and recovery of services in line with national requirements with particular reference to planned care and cancer. Further to this specific focus may be given to some of the following schemes in support of that agenda:
 - Supporting the Sussex-wide redesign of Sussex-wide ophthalmology services covering Glaucoma, Retinal AMD and Cataracts.
 - Medicines optimisation.
 - Outpatient transformation and ensuring increased use of clinical Advice and Guidance, and increased use of remote and video consultations according to need alongside face-to-face consultations where this is needed.
 - Continued improvement of diabetes care in the community.
 - Optimising primary care pathology test requests through Direct Access.
 - Multi-disciplinary led triage for GP Gastroenterology referrals.
 - Place-based implementation to support programmes aimed at reducing unwarranted variation and standardisation of care delivery across Sussex.
 - Reviewing Cardiology Services in acute and community settings.

Potential projects for mental health

- Developing a single plan and programme for East Sussex covering:
 - NHS Mental Health LTP and restoration of services, including alignment with the ICS Mental Health Collaborative programme;
 - Commissioned services and supported accommodation and housing developments;

- Operational priorities and joint working;
- Prevention and voluntary and community sector support, including links with the community hubs and primary care

21st August 2020

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