

**Report to:** East Sussex Health Overview and Scrutiny Committee (HOSC)

**Date of meeting:** 2 December 2021

**By:** Assistant Chief Executive

**Title:** Community Mental Health Services in East Sussex

**Purpose:** To provide an overview of the community mental health services provided by Sussex Partnership NHS Foundation Trust (SPFT) and available to residents in East Sussex

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## **RECOMMENDATIONS**

**The Committee is recommended to:**

- 1) consider the report; and**
  - 2) identify any issues that require further scrutiny.**
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### **1. Background**

1.1. Sussex Partnership NHS Foundation Trust (SPFT) provides a range of mental health services to patients in the community as a way of improving health outcomes for patients and reducing the need for admissions to inpatient facilities.

1.2. During the HOSC review of the Redesigning Inpatient Services in East Sussex (RIS:ES) proposals, the Committee agreed it wished to develop a greater understanding of community mental health services available to the residents of East Sussex and how they are being improved, given how central they are to the planned future viability of inpatient facilities.

### **2. Supporting information**

2.1. SPFT and the East Sussex Clinical Commissioning Group (CCG) have produced a report attached at **Appendix 1** providing an oversight of community mental health services and covering the following topics:

- National Policy context
- Local policy
- Sussex-wide Investment Programme 2021/22
- Community Mental Health Services Transformation in East Sussex.

### **3. Conclusion and reasons for recommendations**

3.1. The Committee is recommended to consider the report and identify any issues that require further scrutiny.

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