

## Summary of the initial key principles and priorities for our East Sussex Plan

The emphasis in our East Sussex Plan will be on the priorities we need to deliver jointly as a health and social care system to meet the future health and social care needs of our population. This will deliver a “new service model for the 21<sup>st</sup> century”<sup>1</sup> grounded in the needs of our local population.

Our Plan will set out priorities and programmes of change covering prevention, community, urgent care, planned care and mental health, and how we will work with PCNs, the voluntary and community sector (VCS) and others to support delivery. The Plan will also describe the local implications for workforce planning, digital and IT, and estates.

Informed by our local East Sussex County Council priorities<sup>2</sup> and NHS Long Term Plan<sup>3,4</sup> commitments, and engagement with our local communities, we expect to build on our integration work to date to deliver:

- A comprehensive approach to prevention, universal personal care and reducing health inequalities and that cuts across our key clinical priorities and care pathways from supporting healthy lifestyles and wellbeing, greater levels of self-management, shared decision-making, and personalised care and support planning, through to early intervention, proactive care and reablement.
- Full implementation of a target operating model for integrated community health and social care, working with Primary Care Networks and the VCS to jointly deliver greater community health responsiveness by 2020/21:
  - Improved crisis response within two hours and reablement care within two days;
  - Anticipatory care;
  - Enhanced Health in Care Homes;
  - Structured medication review for priority groups;
  - Personalised care and support planning, and early cancer diagnosis support;
  - Social prescribing and community-based support;
  - Better identification and support to improve outcomes for carers;
  - The continued implementation of Extended Access in 2019/20 and 2020/21, and;
  - Building the capacity, workforce and partnerships to do this.
- A description of our financial model from 2020/21 to 2023/24 that demonstrates the shift in investment to primary care and community health care, including meeting the new primary medical and community health services funding guarantee.
- Close system working between our East Sussex CCGs, ESCC, East Sussex Healthcare NHS Trust, Sussex Partnership NHS Foundation Trust, Sussex Community NHS Foundation Trust, and our local Primary Care Networks, to ensure that Sussex-wide strategies and developments align with our local plans for integrated community health and social care and a comprehensive approach to prevention, universal personal care and reducing health inequalities.
- Close system working across the local NHS and children’s social care to deliver ESCC and NHS LTP priorities to ensure age-appropriate integrated care; integrating

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<sup>1</sup> NHS Long Term Plan Implementation Framework(July 2019) a copy can be found [here](#)

<sup>2</sup> ‘State of the County 2019, Focus on East Sussex’ (July 2019), a copy can be found [here](#)

<sup>3</sup> NHS Long Term Plan (January 2019), a copy can be found [here](#)

<sup>4</sup> NHS Long Term Plan Implementation Framework(July 2019) a copy can be found [here](#)

physical and mental health services; joint working between primary , community and acute services, and; supporting transition to adult services.

- The continued implementation of our urgent care plans to reduce pressure on emergency hospital services including:
  - Meeting the A&E standard and agreed metrics for Same Day Emergency Care, and urgent and emergency care
  - Implementation of our integrated urgent care model and an integrated network of community and hospital-based care
  - Implementing Urgent Treatment Centres by December 2019
  - Implementing the new 111 and Clinical Assessment Service (CAS) by April 2020
  
- The continued implementation of our planned care programme including:
  - Increasing elective care activity to reduce elective waiting lists
  - Enabling choice through expanding digital and online services
  - Transforming outpatients care and digitally enabling primary and outpatient care through the increased use of digital tools to transform how outpatient services are offered, and providing more options for virtual outpatient appointments in identified priority specialties
  - Scaling up provision of First Contact Practitioners to enable faster access to diagnosis and treatment for people with musculoskeletal conditions and supporting more patients to effectively self-manage their conditions
  
- Proposals for implementing our East Sussex Integrated Care Partnership model to better enable delivery of these principles and priorities, as part of the wider development of the SHACP Integrated Care System.