



2. Cover

Version 1.3.0

Please Note:

- The BCF planning template is categorised as 'Management Information' and data from them will published in an aggregated form on the NHSE website and gov.uk. This will include any narrative section. Also a reminder that as is usually the case with public body information, all BCF information information in tendent to the case with public body information, all BCF information is published, recipients of BCF reporting information including recipients who access any information packed on the BCG are prohibited from making this information including recipients who access any information packed on the BCG are prohibited from making this information available on any public domain or providing this information for the purposes of journalism or research without prior consent from the HWB (where it concerns a single HWB) or the BCF national partners for the aggregated information.

- All information will be supplied to BCF partners to inform policy development.

- This template is password protected to ensure data integrity and accurate aggregation of collected information. A resubmission may be required if this is breached.

Health and Wellbeing Board:	East Sussex		
Completed by:	Sally Reed		
E-mail:	sally.reed@eastsussex.gov.uk		
Contact number:	01273 481912		
Has this report been signed off by (or on behalf of) the HWB at the time of			
submission?	No		
If no please indicate when the HWB is expected to sign off the plan:	Tue 16/07/2024	<< Please enter using the format, DD/MM	

		Professional			
	Role:	Title (e.g. Dr, Cllr, Prof)	First-name:	Surname:	E-mail:
*Area Assurance Contact Details:	Health and Wellbeing Board Chair	Cllr	Keith	Glazier	cllr.keith.glazier@eastsuss ex.gov.uk
	Integrated Care Board Chief Executive or person to whom they have delegated sign-off		Hannah Claudia	Hamilton Griffith	hannah.hamilton2@nhs.ne t claudia.griffiths@nhs.net
	Additional ICB(s) contacts if relevant		Ashley	Scarff	ashley.scarff@nhs.net
	Local Authority Chief Executive		Becky	Shaw	becky.shaw@eastsussex.go v.uk
	Local Authority Director of Adult Social Services (or equivalent)		Mark	Stainton	mark.stainton@eastsussex. gov.uk
	Better Care Fund Lead Official		Sally	Reed	sally.reed@eastsussex.gov. uk
	LA Section 151 Officer		lan	Gutsell	ian.gutsell@eastsussex.gov .uk
Please add further area contacts that you would wish to be included in					
official correspondence e.g. housing					
or trusts that have been part of the process>					

Question Completion - When all questions have been answered and the validation boxes below have turned green, please send the template to the Better Care Fund Team england.bettercarefundteam@nhs.net saving the file as 'Name HWB' for example 'County Durham HWB'. Please also copy in your Better Care Manager.

Please see the Checklis	t below for furth	er details on incon	nlete fields
Ficase see the Checkins	L DEIOW IOI TUILII	ei uetalis oli ilitoli	ipiete neius

	Complete:
2. Cover	Yes
4.2 C&D Hospital Discharge	Yes
4.3 C&D Community	Yes
5. Income	Yes
6a. Expenditure	No
7. Narrative updates	Yes
8. Metrics	Yes
9. Planning Requirements	Yes

<< Link to the Guidance sheet

^^ Link back to top

3. Summary

Selected Health and Wellbeing Board:

East Sussex

Income & Expenditure

Income >>

Funding Sources	Income	Expenditure	Difference
DFG	£8,860,833	£8,860,833	£0
Minimum NHS Contribution	£52,426,847	£52,426,847	£0
iBCF	£21,776,611	£21,776,611	£0
Additional LA Contribution	£694,000	£694,000	£0
Additional ICB Contribution	£0	£0	£0
Local Authority Discharge Funding	£5,088,412	£5,088,412	£0
ICB Discharge Funding	£5,024,117	£5,024,117	£0
Total	£93,870,820	£93,870,820	£0

Expenditure >>

NHS Commissioned Out of Hospital spend from the minimum ICB allocation

	2024-25
Minimum required spend	£14,898,223
Planned spend	£20,860,699

Adult Social Care services spend from the minimum ICB allocations

	2024-25
Minimum required spend	£26,092,688
Planned spend	£26,098,655

Metrics >>

Avoidable admissions

	2024-25 Q1	2024-25 Q2	2024-25 Q3	2024-25 Q4
	Plan	Plan	Plan	Plan
Unplanned hospitalisation for chronic ambulatory care sensitive conditions (Rate per 100,000 population)	182.1	180.7	179.3	178.0

Falls

		2023-24 estimated	2024-25 Plan
	Indicator value	2,421.8	2,313.1
Emergency hospital admissions due to falls in people aged 65 and over directly age standardised rate per 100,000.	Count	3720	3657
	Population	143415	147175

Discharge to normal place of residence

	2024-25 Q1 Plan			
Percentage of people, resident in the HWB, who are discharged from acute hospital to their normal place of residence	93.0%	93.5%	93.5%	93.5%
(SUS data - available on the Better Care Exchange)				

Residential Admissions

	2022-23 Actual	2024-25 Plan
Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population	489	348

Planning Requirements >>

Theme	Code	Response
	PR1	Yes
NC1: Jointly agreed plan	PR2	0
	PR3	Yes
NC2: Social Care Maintenance	PR4	Yes
NC3: NHS commissioned Out of Hospital Services	PR5	0
NC4: Implementing the BCF policy objectives	PR6	Yes
Agreed expenditure plan for all elements of the BCF	PR7	Yes
Metrics	PR8	Yes

4. Capacity & Dema

Selected Health and Wellbeing Board: East Sussex

	Capacity sur	rplus. Not inclu	iding spot pur	chasing									Capacity su	rplus (includin	spot puchasii	ng)								
Hospital Discharge																								
Capacity - Demand (positive is Surplus)	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25
Reablement & Rehabilitation at home (pathway 1)																								
	9:	9 5	50 E	60 6	5 48	61	43	50	32	26	73	52	99	50	60	66	48	8 6	1 43	3 50	1 30	2 26	73	52
Short term domiciliary care (pathway 1)																								
	-10	3 -12	21 -11	18 -11	-124	-118	-124	-123	-128	-131	-112	-120	-14	-32	-29	13		3	9 3	3 4	4 4	1 -4	15	7
Reablement & Rehabilitation in a bedded setting (pathway 2)																								
	1	5 -1	14 -1	15 1	3 9	-3	8	2	. 7	8	27	-21	16	-12	-14	15	11	1 -	2 10	9	i 5	9 10	28	-19
Other short term bedded care (pathway 2)																								
	-50	9 -6	55 -€	31 -3	-33	-41	-53	-47	-36	-32	-28	-50	-48	-54	-50	-28	-28	8 -3	6 -48	-42	: -31	1 -27	-23	-45
Short-term residential/nursing care for someone likely to require a																								
longer-term care home placement (pathway 3)		0	0	0	0	0		0	0	0		0) (0		0	0 0	0	1 1	0 0	0	

Average Lofs/Contact Hours per episode of care
Full Year

Contact Hours per
28 parkage

Contact Hours per
79 parkage

Average Lofs
28 (deys)

Average Lof

Average Lof

Average Lof

Report Lofs

Report

Please hirely describe the support you are providing to people for less complex discharges that do not require formal reablement or rehabilitation – e.g. social support from the voluntary sector, bits clears. You should also include an estimate of the number of people who will receive this type of service during the sear.

Between 553 and 700 less complex patient per month (8,000 per year) will be supported through our expanded Urgent Community Response service (70%) and a range of voluntary services (80%) including 'take and home and settle' and 'carer support' services primarly provided by the Bristish Red Cross and the provision of a limited number of Personal Health Grants providing practical support to facilitate a patients return home.

Capacity - Hospital Discharge		Refreshed p	lanned capacity	(not includin	g spot purch	sed capacity								Capacity that you expect to secure through spot purchasing											
Service Area	Metric	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25
Reablement & Rehabilitation at home (pathway 1)	Monthly capacity. Number of new packages commenced.	40	7 407	40	407	407	407	407	407	407	407	407	407	0	C	0	0	c	1	0		0	0	(0
Reablement & Rehabilitation at home (pathway 1)	Estimated average time from referral to commencement of service (days). All packages (planned and spot purchased)	6.3	6.8	6.1	6.8	6.8	6.8	6.8	6.8	6.8	6.8	6.8	6.8												
Short term domiciliary care (pathway 1)	Monthly capacity. Number of new packages commenced.		0		0	C	0	0	0	0	0	0	C	89	85	89	127	127	12	7 127	12	127	127	127	127
Short term domiciliary care (pathway 1)	Estimated average time from referral to commencement of service (days) All packages (planned and spot purchased)	6.3	6.8	6.1	6.8	6.8	6.8	6.8	6.8	6.8	6.8	6.8	6.8												
Reablement & Rehabilitation in a bedded setting (pathway 2)	Monthly capacity. Number of new packages commenced.	13	3 133	13	133	133	133	133	133	133	133	133	133	1	2	1	2	2		1 2	:	. 2	2	1	. 2
Reablement & Rehabilitation in a bedded setting (pathway 2)	Estimated average time from referral to commencement of service (days) All packages (planned and spot purchased)	5.	7 5.7	5.1	5.7	5.7	5.7	5.7	5.7	5.7	5.7	5.7	5.7	1											
Other short term bedded care (pathway 2)	Monthly capacity. Number of new packages commenced.	5	7 57	5	42	42	42	42	42	52	52	52	42	11	11	11	5	5		5 5			5		5 5
Other short term bedded care (pathway 2)	Estimated average time from referral to commencement of service (days) All packages (planned and spot purchased)	37.	5 37.6	37.	37.6	37.6	37.6	37.6	37.6	37.6	37.6	37.6	37.6												
Short-term residential/nursing care for someone likely to require a longer-term care home placement (pathway 3)	Monthly capacity. Number of new packages commenced.		0 0		0 0	c	0		0 0	0	0	0		0		0	0			0 0			c	,	0 (
Short-term residential/nursing care for someone likely to require a longer-term care home placement (pathway 3)	Estimated average time from referral to commencement of service (days) All packages (planned and spot purchased)		0 0			0	0		0	0	0	0													

Demand - Hospital Discharge		Please enter	refreshed expe	cted no. of re	ferrals:								
Pathway	Trust Referral Source	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25
Total Expected Discharges:	Total Discharges	4288	4657	4739	4549	4721	4604	4501	4616	4588	4875	4315	4717
Reablement & Rehabilitation at home (pathway 1)	Total	308	357	347		359	346	364	357		381	334	355
	EAST SUSSEX HEALTHCARE NHS TRUST	170	202	196	193	205	197	209	205	217	220	192	202
	QUEEN VICTORIA HOSPITAL NHS FOUNDATION TRUST	1	1	1	1	1	1	1	1	1	1	1	1
	SURREY AND SUSSEX HEALTHCARE NHS TRUST	3	3	3	3	3	3	3	3	3	3	3	3
	UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST	56	67	65		65	63	66			70	60	
	OTHER	78	84	82	83	85	82	85	83	86	87	78	85
Short term domiciliary care (pathway 1)	Total	103	121	118	114	124	118	124	123	128	131	112	120
	EAST SUSSEX HEALTHCARE NHS TRUST	70	82	80	78	84	81	85	84	88	90	78	82
	QUEEN VICTORIA HOSPITAL NHS FOUNDATION TRUST	0	0	0	0	0	0	0	0	0	0	0	0
	SURREY AND SUSSEX HEALTHCARE NHS TRUST	1	2	2	1	2	1	2	2	1	1	1	2
	UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST	23	27	26	25	27	26	27	26	28	29	24	26
	OTHER	9	10	10	10	11	10	10	11	11	11	9	10
Reablement & Rehabilitation in a bedded setting (pathway 2)	Total	118	147	148	120	124	136	125	131	126	125	106	154
	EAST SUSSEX HEALTHCARE NHS TRUST	75	93	94		78	86	79			79	68	98
	QUEEN VICTORIA HOSPITAL NHS FOUNDATION TRUST	0	0	0		0	0	0	0	0	0	0	
	SURREY AND SUSSEX HEALTHCARE NHS TRUST	2	2	2	2	2	2	2	2	2	2	1	2
	UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST	32	40	40	33	34	37	34	36	34	34	29	42
	OTHER	9	12			10	11	10			10	8	12
Other short term bedded care (pathway 2)													
	Total	116	122				83	95	89		84	80	92
	EAST SUSSEX HEALTHCARE NHS TRUST	87	92	89	56	56	62	71	67	66	63	60	69
	QUEEN VICTORIA HOSPITAL NHS FOUNDATION TRUST	0	0	0	0	0	0	0	0	0	0	0	- 0
	SURREY AND SUSSEX HEALTHCARE NHS TRUST	1	1	1	1	1	1	1	1	1	1	1	1
	UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST	17	18	17		11	12	14	13	13	12	12	13
	OTHER	11	11	11	. 7	7	8	9	8	8	8	7	9
Short-term residential/nursing care for someone likely to require a longer-term care home placement (pathway 3)													l
Tonger-term care nome placement (pathway 3)	Total	0	0	0	0	0	0	0	0	0	0	0	0
	EAST SUSSEX HEALTHCARE NHS TRUST	0	0	0	0	0	0	0	0	0	0	0	0
	QUEEN VICTORIA HOSPITAL NHS FOUNDATION TRUST	0	0	0	0	0	0	0	0	0	0	0	0
	SURREY AND SUSSEX HEALTHCARE NHS TRUST	0	0	0	0	0	0	0	0	0	0	0	0
	UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST	0	0	0	0	0	0	0	0	0	0	0	0
	OTHER	0	0	0	0	0	0	0	0	0	0	0	0

4. Capacity & Demand

Selected Health and Wellbeing Board:

East Sussex

Community	Refreshed cap	acity surplus:										
Capacity - Demand (positive is Surplus)	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25
Social support (including VCS)	0	0	0	0	0	0	0	0	0	0	0	0
Urgent Community Response	0	0	0	0	0	0	0	0	0	0	0	0
Reablement & Rehabilitation at home	0	0	0	0	0	0	0	0	0	0	0	0
Reablement & Rehabilitation in a bedded setting	-4	-4	-4	-4	-4	-4	-4	-4	-4	-4	-4	-4
Other short-term social care	0	0	0	0	0	0	0	0	0	0	0	0

Average LoS/Contact Hours										
Full Year	Units									
10	Contact Hours									
10	Contact Hours									
23	Contact Hours									
21	Average LoS									
0	Contact Hours									

Capacity - Community		Please enter re	efreshed exped	ted capacity	:								
Service Area	Metric	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25
Social support (including VCS)	Monthly capacity. Number of new clients.	17	17	17	17	17	17	17	17	17	17	17	17
Urgent Community Response	Monthly capacity. Number of new clients.	1530	1530	1530	1530	1530	1530	1530	1530	1530	1530	1530	1530
Reablement & Rehabilitation at home	Monthly capacity. Number of new clients.	755	755	755	755	755	755	755	755	755	755	755	755
Reablement & Rehabilitation in a bedded setting	Monthly capacity. Number of new clients.	15	15	15	15	15	15	15	15	15	15	15	15
Other short-term social care	Monthly capacity. Number of new clients.	0	0	0	0	0	0	0	0	0	0	0	0

Demand - Community	Please enter refreshed expected no. of referrals:												
Service Type	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	
Social support (including VCS)	17	17	17	17	17	17	17	17	17	17	17	17	
Urgent Community Response	1530	1530	1530	1530	1530	1530	1530	1530	1530	1530	1530	1530	
Reablement & Rehabilitation at home	755	755	755	755	755	755	755	755	755	755	755	755	
Reablement & Rehabilitation in a bedded setting	19	19	19	19	19	19	19	19	19	19	19	19	
Other short-term social care	0	0	0	0	0	0	0	0	0	0	0	(

5. Income

Selected Health and Wellbeing Board:

East Sussex

Local Authority Contribution							
Disabled Facilities Grant (DFG)	Gross Contribution						
East Sussex	£8,860,833						
DFG breakdown for two-tier areas only (where applicable)							
Eastbourne	£1,914,512						
Hastings	£2,243,297						
Lewes	£1,337,135						
Rother	£2,012,223						
Wealden	£1,353,666						
Total Minimum LA Contribution (exc iBCF)	£8,860,833						

Local Authority Discharge Funding	Contribution
East Sussex	£5,088,412

ICB Discharge Funding	Previously entered		Comments - Please use this box to clarify any specific uses or sources of funding
NHS Sussex ICB	£5,024,117	£5,024,117	
Total ICB Discharge Fund Contribution	£5,024,117	£5,024,117	

iBCF Contribution	Contribution
East Sussex	£21,776,611
Total iBCF Contribution	£21.776.611

			Comments - Please use this box to clarify any specific uses or
Local Authority Additional Contribution	Previously entered	Updated	sources of funding
East Sussex	£694,000	£694,000	
Total Additional Local Authority Contribution	£694 000	£694 000	

NHS Minimum Contribution	Contribution
NHS Sussex ICB	£52,426,847
Total NHS Minimum Contribution	£52,426,847

			Comments - Please use this box clarify any specific uses or
Additional ICB Contribution	Previously entered		sources of funding
Total Additional NHS Contribution	£0	£0	
Total NHS Contribution	£52,426,847	£52,426,847	

Total NTS Contribution	132,420,047	132,420,047	
	2024-25		
Total BCF Pooled Budget	£93,870,820		
		•	
Funding Contributions Comments Optional for any useful detail e.g. Carry over			
Optional for any userul detail e.g. Carry over			

6. Expenditure

To Add New Schemes

Selected Health and Wellbeing Board:

East Sussex

<< Link to summary sheet

		2024-25	
Running Balances	Income	Expenditure	Balance
DFG	£8,860,833	£8,860,833	£0
Minimum NHS Contribution	£52,426,847	£52,426,847	£0
iBCF	£21,776,611	£21,776,611	£0
Additional LA Contribution	£694,000	£694,000	£0
Additional NHS Contribution	£0	£0	£0
Local Authority Discharge Funding	£5,088,412	£5,088,412	£0
ICB Discharge Funding	£5,024,117	£5,024,117	£0
Total	£93,870,820	£93,870,820	£0

Required Spend

This is in relation to National Conditions 2 and 3 only. It does NOT make up the total Minimum ICB Contribution (on row 33 above).

		2024-25	
	Minimum Required Spend	Planned Spend	Under Spend
NHS Commissioned Out of Hospital spend from the			
minimum ICB allocation	£14,898,223	£20,860,699	£0
Adult Social Care services spend from the minimum			
ICB allocations	£26,092,688	£26,098,655	£0

Checklist

Column complete:
Yes Yes Yes No Yes Yes

>> Incomplete fields on row number(s):

298, 299, 300, 301, 302, 303, 304

									Planned Expend	iture								
Scheme ID	Scheme Name	Brief Description of Scheme	Scheme Type	Sub Types	Please specify if 'Scheme Type' is 'Other'	Previously entered Outputs for 2024-25		Units	Area of Spend	Please specify if 'Area of Spend' is 'other'	Commissioner	% NHS (if Joint Commissioner)	% LA (if Joint Commissioner)	Provider	Source of Funding	New/ Existing Scheme	Previously entered Expenditure for 2024-25	Updated % of Expenditure Overall for 2024-25 Spend (£) (Average)
1	Protecting ASC services which benefit health	A range of social care services which benefit health	Community Based Schemes	Integrated neighbourhood services			0		Social Care		LA			Local Authority	Minimum NHS Contribution	Existing	£6,936,579	£7,423,000 9%
2	Protecting ASC services which support hospital	A range of social care services to support hospital discharge	Community Based Schemes	Integrated neighbourhood services			0		Social Care		LA			Local Authority	Minimum NHS Contribution	Existing	£5,386,547	£5,764,000 7%
3	Protecting ASC services in line with iBCF criteria	A range of social care services to meet iBCF criteria	Community Based Schemes	Integrated neighbourhood services					Social Care		LA			Local Authority	iBCF	Existing	£21,776,611	27%
4	Milton Grange - Community Bed Based	ESCC provision of Intermediate Care beds in Eastbourne	Bed based intermediate Care Services (Reablement,	Bed-based intermediate care with reablement accepting step up and step		149	148	Number of placements	Social Care		LA			Local Authority	Minimum NHS Contribution	Existing	£1,683,500	£1,734,500 47%
4	Milton Grange - Community Bed Based	ESCC provision of Intermediate Care beds in Eastbourne	Bed based intermediate Care Services (Reablement,	Bed-based intermediate care with reablement accepting step up and step		149	148	Number of placements	Community Health		LA			Local Authority	Minimum NHS Contribution	Existing	£1,683,500	£1,734,500 47%
5	Community Bed Based Intermediate Care	Funding towards Independent Sector Commissioned Intermediate	Bed based intermediate Care Services (Reablement,	Bed-based intermediate care with rehabilitation (to support discharge)		10	9	Number of placements	Social Care		LA			Private Sector	Minimum NHS Contribution	Existing	£89,000	£95,000 3%
5	Community Bed Based Intermediate Care	Funding towards Independent Sector Commissioned Intermediate	Bed based intermediate Care Services (Reablement,	Bed-based intermediate care with reablement (to support discharge)		10	9	Number of placements	Community Health		LA			Private Sector	Minimum NHS Contribution	Existing	£89,000	£95,000 3%
6	Joint Community Rehabilitation Services	Funding to support provision of 7 day service	Home-based intermediate care services	Joint reablement and rehabilitation service (accepting step up and step		77	0	Packages	Social Care		LA			Local Authority	Minimum NHS Contribution	Existing	£433,500	£0 0%
6		Funding to support provision of 7 day service	Home-based intermediate care services	Joint reablement and rehabilitation service (accepting step up and step		155	0	Packages	Community Health		NHS			NHS Community Provider	Minimum NHS Contribution	Existing	£433,500	£0 0%
7	Carers Servcies	A range of carers support services commissioned by ESCC.	Carers Services	Respite services		6586	0	Beneficiaries	Social Care		LA			Charity / Voluntary Sector		Existing	£1,982,153	£0 0%
7	Carers Services	A range of carers support services commissioned by ESCC.	Carers Services	Respite services		61	0	Beneficiaries	Social Care		LA			Charity / Voluntary Sector	Additional LA Contribution	Existing	£22,000	£0 0%

7	Carers Services	A range of carers support services commissioned by ESCC.	Carers Services	Respite services		10	0	Beneficiaries	Community Health		LA		luntary Sector	Minimum NHS Contribution	Existing	£4,000	£0 0%
8	Carers Services	A range of carers support services commissioned by ESCC.	Carers Services	Carer advice and support related to Care Act duties		13344	0	Beneficiaries	Social Care		LA		arity / Iuntary Sector	Minimum	Existing	£1,463,355	£0 0%
8	Carers Services	A range of carers support services commissioned by ESCC.	Carers Services	Carer advice and support related to Care Act duties		2671	0	Beneficiaries	Social Care		LA			Additional LA	Existing	£672,000	£0 0%
9	Disabled Facilities Grant	DFG and housing support services	DFG Related Schemes	Adaptations, including statutory DFG grants		1367	253	Number of adaptations funded/people	Other	Adaptations, including statutory DFG	LA	Loca	cal Authority	DFG	Existing	£4,061,806	£6,645,625 75%
10	Disabled Facilities Grant	DFG and housing support services	DFG Related Schemes	Discretionary use of DFG		600	59	Number of adaptations funded/people	Other	Discretionary use of DFG	LA	Loca	cal Authority	DFG	Existing	£4,061,806	£2,215,208 25%
12	Carers Services	Carers commissioning team	Carers Services	Other	Carers commissioning team	0	0	Beneficiaries	Social Care		LA	Loca	,	Minimum NHS Contribution	Existing	£175,100	£0 0%
13	Care Act Implementation	Care Act Duties, including info/advice, safeguarding, advocacy and reviewing.	Care Act Implementation Related Duties	Other	Care Act Duties, including info/advice,		0		Social Care		LA	Loca	,	Minimum NHS Contribution	Existing	£1,617,000	£1,680,000 92%
14	Frailty	Multi-discplinary frailty services in HWLH area	Personalised Care at Home	Physical health/wellbeing					Community Health		NHS		vider	Minimum NHS Contribution	Existing	£491,000	3%
15	Diabetes	Diabetes Support in HWLH area	Personalised Care at Home	Physical health/wellbeing					Community Health		NHS		vider	Minimum NHS Contribution	Existing	£1,216,000	8%
16	Lewes UTC	Ad Av pathways	Urgent Community Response						Community Health		NHS		vider	Minimum NHS Contribution	Existing	£474,000	100%
17	Intermediate Care Services	Joint Community Rehab servcies in HWLH area	Home-based intermediate care services	Rehabilitation at home (accepting step up and step down users)		4414	4221	Packages	Community Health		NHS		vider	Minimum NHS Contribution	Existing	£888,000	£888,000 46%
18	IAPT	Access to Psycholgical Therapies in HWLH	Prevention / Early Intervention	Other	Psycholgical Therapies in HWLH				Mental Health		NHS		alth Provider	Minimum NHS Contribution	Existing	£352,000	6%
19	Enhanced Health in Care Homes	Enhanced Health in Care Homes	Personalised Care at Home	Other	Physical health and mental health well-being				Community Health		NHS		vider	Minimum NHS Contribution	Existing	£1,188,000	8%
20	Enhanced HIT - scheme continuing	Addtional ASC capacity to cover extended hours	High Impact Change Model for Managing Transfer of Care	Early Discharge Planning			0		Social Care		NHS	Loca		Minimum NHS Contribution	Existing	£205,000	£211,000 29%
21	SCT Medicines Optimisation in Care Homes	Medicines Optimisation in Care Homes	Other				0		Community Health		NHS		vider	Minimum NHS Contribution	Existing	£529,000	£0 0%
22	ESHT Community Programme	Additional community services including crisis response, frailty	Community Based Schemes	Integrated neighbourhood services			0		Community Health		NHS		vider	Minimum NHS Contribution	Existing	£7,809,000	£8,086,000 10%
23	HSCC Overnight Service	Funding for HSCC cover 22.00- 08.00hrs	Enablers for Integration	Integrated models of provision			0		Social Care		LA	Loca	,	Minimum NHS Contribution	Existing	£132,500	£153,000 6%
23	HSCC Overnight Service	Funding for HSCC cover 22.00- 08.00hrs	Enablers for Integration	Integrated models of provision			0		Community Health		NHS	Loca	,	Minimum NHS Contribution	Existing	£132,500	£153,000 6%
24	Consultant pharmacist in diabetes	diabetes	Other						Community Health		NHS		vider	Minimum NHS Contribution	Existing	£76,000	3%
25	Dieticians in Meds Management team (2)	Management team (2)	Other						Community Health		NHS		vider	Minimum NHS Contribution	Existing	£95,000	4%
26	Medicines Optimisation in LD Care Homes	· ·	Other				0		Community Health		NHS		vider	Minimum NHS Contribution	Existing	£98,000	£0 0%
27	Home First Pathway 3	D2A beds	Residential Placements	Short-term residential/nursing care for someone likely to require a			7	Number of beds	Social Care		LA	Priv:		Minimum NHS Contribution	Existing	£2,132,329	£588,500 1%
27	Home First Pathway 3	D2A beds	Residential Placements	Short-term residential/nursing care for someone likely to require a			7	Number of beds	Community Health		LA	Priv:		Minimum NHS Contribution	Existing	£2,132,328	£588,500 1%
28	Staff - Programme	A range of joint posts	Other				0		Social Care		LA	Loca	cal Authority	Minimum NHS	Existing	£786,721	£354,000 33%

OT in-reach to D2A beds	OT in-reach to D2A beds	Community Based Schemes	Multidisciplinary teams that are supporting independence, such as			U		Social Care	LA	Local Aut	Authority Discharge	New	£655,011	£187,500
Block beds for clients with complex care	Block beds for clients with complex care needs	Residential Placements	residential/nursing care for someone likely to require a			0	Number of beds		LA	Private Se	Authority Discharge	New	£1,040,000	01 00 00 00 00 00
Domiciliary Home care capacity	support hospital discharge		Domiciliary care to support hospital discharge (Discharge to Assess		922	0	Hours of care (Unless short- term in which	Social Care	LA	Private So	Funding		£837,953	£0
Home - BRC	form the British Red Cross	Schemes	Low level support for simple hospital discharges (Discharge to Assess			0		Social Care	LA		Sector Funding		£171,516	£125,256
Additional D2A Beds	Additional D2A Beds	Residential Placements	residential/nursing care for someone likely to require a			31	Number of beds		NHS	Private So	Funding		£3,439,836	£1,966,757
Personal Health Grants	support hospital discharge	Community Based Schemes	Low level support for simple hospital discharges (Discharge to Assess			0		Social Care	NHS	Charity / Voluntary	Sector Funding		£62,400	£64,400
Additional ASC assessment	Additional ASC assessment capacity	Workforce recruitment and retention				0	WTE's gained	Social Care	LA	Local Aut	nority Local Authority Discharge	New	£500,000	£0
High Intensity Users/Mental Heath Discharge	Discharge Co-ordination	High Impact Change Model for Managing	Multi-Disciplinary/Multi- Agency Discharge Teams supporting discharge			0		Mental Health	NHS	NHS Men Health Pr		ge New	£170,004	£148,152
Weekend Discharge Team	Additional capacity to support hospial discharges at weekends	High Impact Change Model for Managing Transfer of Care	Multi-Disciplinary/Multi- Agency Discharge Teams supporting discharge					Acute	NHS	NHS Acut Provider		ge New	£342,408	
Domiciliary Home care capacity	Additional investment in home care provision to support hospital discharge	Home Care or Domiciliary Care	Domiciliary care to support hospital discharge (Discharge to Assess		87108	161494	Hours of care (Unless short- term in which	Social Care	LA	Private Se		New	£2,873,047	£3,541,484
BCF Reserve	Pending uplift and application agreements	Other				0		Community Health	NHS	NHS	Minimum NHS Contributio	New	£751,278	£458,195
BCF Reserve	Contingency for service pressures	Other				0		Social Care	NHS	Charity / Voluntary	Minimum Sector NHS Contribution	New	£123,997	£0
Dementia Post Diagnostic Support Services:	Dementia Post Diagnostic Support Services	Prevention / Early Intervention	Other	Dementia Post Diagnostic Support Services		0		Mental Health	LA	Charity / Voluntary	Minimum Sector NHS Contribution	Existing	£784,000	£1,092,000
Domiciliary care capacity	Additional investment in home care provision to support hospital discharge	Home Care or Domiciliary Care	Domiciliary care packages		42540	0	Hours of care (Unless short- term in which	Social Care	NHS	Private Se		Existing	£1,418,000	£0
Healthy Hastings and Rother		Prevention / Early Intervention	Other	A range of services provided by VCSE		0		Community Health	LA	Charity / Voluntary	Minimum Sector NHS Contribution	Existing	£862,817	£0
VCS servcies	NHS contribution to VCS services commissioned by ESCC.	Prevention / Early Intervention	Other	A range of services provided by VCSE		0		Mental Health	LA	Charity / Voluntary	Minimum Sector NHS Contribution	Existing	£946,042	£0
VCS services	NHS contribution to VCS services commissioned by ESCC.	Prevention / Early Intervention	Other	A range of services provided by VCSE		0		Community Health	LA	Charity / Voluntary	Minimum Sector NHS Contributio	Existing	£946,042	£349,000
VCSE services	NHS contibution to VCSE services commissioned by ESCC.	Prevention / Early Intervention	Other	A range of services provided by VCSE		0		Social Care	LA	Charity / Voluntary	Sector NHS Contribution	Existing	£1,892,084	£349,000
ICES Pooled Budget	NHS contribution to Community Equipment Pooled budget	Assistive Technologies and Equipment	Community based equipment		129142	0	Number of beneficiaries	Community Health	LA	Private So	ctor Minimum NHS Contributio	Existing	£2,900,000	£0
High Intensity User Service	High Intensity Users - case management	Personalised Care at Home	Mental health /wellbeing					Community Health	NHS	NHS Men Health Pr		Existing n	£181,000	
Health and Social Care Connect		Enablers for Integration	Integrated models of provision			0		Community Health	NHS	Local Aut		Existing	£630,000	£844,000
and Project support								Community Health	NHS		NHS Contribution	n	£277,475	£292,500

Scheme ID	Scheme Name	Brief Description of Scheme	Scheme Type	Sub Types	Please specify if 'Scheme Type' is 'Other'	Outputs for 2024 25	- Units (auto- populate)	Area of Spend	Please specify if 'Area of Spend' is 'other'		% NHS (if Joint Commissioner)	% LA (if Joint Commissioner) (auto-populate)	Provider	Source of Funding	New/ Existing Scheme	Expenditure % of for 2024-25 Overall (£) Spend
48	Carers Services - Independent Sector Respite	A range of carers support services commissioned by ESCC.	Carers Services	Respite services		626	Beneficiaries	Social Care		LA			Private Sector	Minimum NHS Contribution	Existing	£1,873,000 100%
49	Carers Services - Contracts	A range of carers support services commissioned by ESCC.	Carers Services	Carer advice and support related to Care Act duties		11312	Beneficiaries	Social Care		LA			Charity / Voluntary Sector	Additional LA Contribution	Existing	£694,000 32%
48	Carers Services - Staffing	A range of carers support services commissioned by ESCC.	Carers Services	Other	Staff	0	Beneficiaries	Social Care		LA			Local Authority	Minimum NHS Contribution	Existing	£45,000 85%
48	Carers Services - Staffing	A range of carers support services commissioned by ESCC.	Carers Services	Other	Staff	0	Beneficiaries	Community Health		LA			Local Authority	Minimum NHS Contribution	Existing	£135,000 15%
48	Carers Services - Contracts	A range of carers support services commissioned by ESCC.	Carers Services	Carer advice and support related to Care Act duties		5827	Beneficiaries	Social Care		LA			Charity / Voluntary Sector	Minimum NHS Contribution	Existing	£552,500 25%
48	Carers Services - Contracts	A range of carers support services commissioned by ESCC.	Carers Services	Carer advice and support related to Care Act duties		1027	Beneficiaries	Community Health		LA			Charity / Voluntary Sector	Minimum NHS Contribution	Existing	£97,500 5%
48	Carers Services - Carers Personal Budgets	A range of carers support services commissioned by ESCC.	Carers Services	Carer advice and support related to Care Act duties		1732	Beneficiaries	Social Care		LA			Charity / Voluntary Sector	Minimum NHS Contribution	Existing	£678,300 32%
48	Carers Services - Carers Personal Budgets	A range of carers support services commissioned by ESCC.	Carers Services	Carer advice and support related to Care Act duties		306	Beneficiaries	Community Health		LA			Charity / Voluntary Sector	Minimum NHS Contribution	Existing	£119,700 6%
21	Medicines Optimisation in Care Homes	Medicines Optimisation in Care Homes	Personalised Care at Home	Physical health/wellbeing				Community Health		NHS			NHS Community Provider	Minimum NHS Contribution	Existing	£627,000 100%
28	Staff - Programme and Project support	A range of joint posts	Enablers for Integration	Joint commissioning infrastructure				Community Health		LA			Local Authority	Minimum NHS Contribution	Existing	£421,500 100%
31	ICES Pooled Budget	NHS contribution to Community Equipment Pooled budget	Assistive Technologies and Equipment	Community based equipment		60108	Number of beneficiaries	Community Health		NHS			Private Sector	Minimum NHS Contribution	Existing	£3,045,000 50%
32	Mental Health VCSE services	NHS contibution to VCSE services commissioned by ESCC.	Prevention / Early Intervention	Other	A range of services provided by VCSE			Social Care		LA			Charity / Voluntary Sector	Minimum	Existing	£989,200 33%
32	Mental Health VCSE services	NHS contibution to VCSE services commissioned by ESCC.	Prevention / Early Intervention	Other	A range of services provided by VCSE			Mental Health		LA			Charity / Voluntary Sector	Minimum	Existing	£1,483,800 50%
32	Mental Health VCSE services	NHS contibution to VCSE services commissioned by ESCC.	Prevention / Early Intervention	Other	A range of services provided by VCSE			Social Care		NHS			Charity / Voluntary Sector	Minimum	Existing	£204,220 7%
32	Mental Health VCSE services	NHS contibution to VCSE services commissioned by ESCC.	Prevention / Early Intervention	Other	A range of services provided by VCSE			Mental Health		NHS			Charity / Voluntary Sector	Minimum	Existing	£306,329 10%
50	Lewes Foundry Project	Population Health Collaboration Pilot	Community Based Schemes	Integrated neighbourhood services	by vest			Social Care		NHS			Charity / Voluntary Sector	Minimum	New	£30,000 50%
50	Lewes Foundry Project	Population Health Collaboration Pilot	Community Based Schemes	Integrated neighbourhood services				Community Health		NHS			Charity / Voluntary Sector	Minimum	New	£30,000 50%
51	Transfer of Care Hub (TOCH)	Hospital Discharges	High Impact Change Model for Managing Transfer of Care	Multi-Disciplinary/Multi- Agency Discharge Teams supporting discharge				Social Care		NHS			NHS Community Provider	Minimum NHS Contribution	New	£500,000 50%
51	Transfer of Care Hub (TOCH)	Hospital Discharges	High Impact Change Model for Managing Transfer of Care	Multi-Disciplinary/Multi- Agency Discharge Teams supporting discharge				Community Health		NHS			NHS Community Provider	Minimum NHS Contribution	New	£500,000 50%
33	Healthy Hastings and Rother	VCSE services commissioned by LA.	Prevention / Early Intervention	Other	A range of services provided by VCSE			Community Health		LA			Charity / Voluntary Sector	Minimum	Existing	£296,213 33%
33	Healthy Hastings and Rother	VCSE services commissioned by LA.	Prevention / Early Intervention	Other	A range of services provided by VCSE			Social Care		LA			Charity / Voluntary Sector	Minimum	Existing	£437,740 49%
33	Healthy Hastings and Rother	VCSE services commissioned by NHS.	Prevention / Early Intervention	Other	A range of services provided by VCSE			Community Health		NHS			Charity / Voluntary Sector	Minimum	Existing	£150,955 17%
34	Domiciliary care capacity	Additional investment in home care provision to support hospital discharge	Home Care or Domiciliary Care	Domiciliary care packages		56057	Hours of care (Unless short- term in which	Social Care		LA			Private Sector	Minimum NHS Contribution	Existing	£1,517,000 8%

36	BCF Reserve	Contingency for service pressures	Other		Contingency for service pressures		Social Care	LA	Local Authority	Minimum NHS Contribution	Existing	£458,195 1	100%
6	Joint Community Rehabilitation Services	A range of additional staff to ensure 7 day cover	Community Based Schemes	Multidisciplinary teams that are supporting independence, such as			Community Health	NHS	NHS Community Provider	Minimum NHS Contribution	Existing	£461,500 2	22%
6	Joint Community Rehabilitation Services	A range of additional staff to ensure 7 day cover	Community Based Schemes	Multidisciplinary teams that are supporting independence, such as			Social Care	LA	Local Authority	Minimum NHS Contribution	Existing	£461,500 2	22%
41	Additional ASC assessment	Additional ASC assessment capacity	High Impact Change Model for Managing Transfer of Care	Multi-Disciplinary/Multi- Agency Discharge Teams supporting discharge			Social Care	LA	Private Sector	Local Authority Discharge	Existing	£480,000 1	1%
52	JCR In-reach	Intermediate care in-reach to acute	High Impact Change Model for Managing Transfer of Care	Multi-Disciplinary/Multi- Agency Discharge Teams supporting discharge			Social Care	LA	Local Authority	Local Authority Discharge	New	£120,000 1	100%
53	Tail/Transition Costs/MH Hub	Tail/Transition Costs/MH Hub	High Impact Change Model for Managing Transfer of Care	Home First/Discharge to Assess - process support/core costs			Community Health	NHS	Private Sector	ICB Discharge Funding	New	£472,792 1	100%
54	HWLH UCR Medical Cover	HWLH UCR Medical Cover	Urgent Community Response				Community Health	NHS	NHS	ICB Discharge Funding	New	£313,571 1	100%
55	Contribution to PMO	Contribution to PMO	Enablers for Integration	Programme management			Community Health	NHS	NHS	ICB Discharge Funding	New	£120,000 3	33%
56	Discharge Transformation	Discharge Transformation	High Impact Change Model for Managing Transfer of Care	Home First/Discharge to Assess - process support/core costs			Community Health	NHS	NHS	ICB Discharge Funding	New	£1,470,781 1	100%
57	Additional D2A beds	Additional D2A Beds	Residential Placement	s Short-term residential/nursing care for someone likely to require a		9 Number of b	ds Community Health	NHS	Private Sector	Local Authority Discharge	Existing	£759,428 1	19%

Further guidance for completing Expenditure sheet

Schemes tagged with the following will count towards the planned **Adult Social Care services spend** from the NHS min:

Area of spend selected as 'Social Care'
Source of funding selected as 'Minimum NHS Contribution'

Schemes tagged with the below will count towards the planned **Out of Hospital spend** from the NHS min:

• Area of spend selected with anything except 'Acute'

• Commissioner selected as 'ICB' (if 'Joint' is selected, only the NHS % will contribute)

• Source of funding selected as 'Minimum NHS Contribution'

2023-25 Revised Scheme types

scription
ig technology in care processes to supportive self-management,
ntenance of independence and more efficient and effective delivery of e. (eg. Telecare, Wellness services, Community based equipment, Digit
icipation services).
ding planned towards the implementation of Care Act related duties.
specific scheme sub types reflect specific duties that are funded via the minimum contribution to the BCF.
porting people to sustain their role as carers and reduce the likelihood
s.
might include respite care/carers breaks, information, assessment,
otional and physical support, training, access to services to support being and improve independence.
emes that are based in the community and constitute a range of cross
or practitioners delivering collaborative services in the community cally at a neighbourhood/PCN level (eg: Integrated Neighbourhood ms)
blement services should be recorded under the specific scheme type blement in a person's own home'
DFG is a means-tested capital grant to help meet the costs of adapting
perty; supporting people to stay independent in their own homes.
grant can also be used to fund discretionary, capital spend to support ple to remain independent in their own homes under a Regulatory rom Order, if a published policy on doing so is in place. Schemes using flexibility can be recorded under 'discretionary use of DFG' or dyperson services' as appropriate
emes that build and develop the enabling foundations of health, social
and housing integration, encompassing a wide range of potential are uding technology, workforce, market development (Voluntary Sector ness Development: Funding the business development and aaredness of local voluntary sector into provider Alliances/ aboratives) and programme management related schemes. It commissioning infrastructure includes any personnel or teams that ble joint commissioning. Schemes could be focused on Data Integratio em IT Interoperability, Programme management, Research and
uation, Supporting the Care Market, Workforce development, fumurity asset mapping, New governance arrangements, Voluntary or Development, Employment services, Joint commissioning structure amongst others.
eight changes or approaches identified as having a high impact on ororing timely and effective discharge through joint working across th all and health system. The Hospital to Home Transfer Protocol or the Bag' scheme, while not in the HICM, is included in this section.
nge of services that aim to help people live in their own homes throug provision of domiciliary care including personal care, domestic tasks,
pping, home maintenance and social activities. Home care can link with er services in the community, such as supported housing, community (th services and voluntary sector services.
covers expenditure on housing and housing-related services other the ptations; eg: supported housing units.
e navigation services help people find their way to appropriate services support and consequently support self-management. Also, the stance offered to people in avaigating through the complex health and al care systems (across primary care, community and voluntary service social care) to overcome barriers in accessing the most appropriate ca support. Multi-agency teams typically provide these services which ca nilnie or face to face care navigators for frail elderly, or dementia gators etc. This includes approaches such as Anticipatory Care, which st op provide holistic, co-ordinated care for complex individuals.
grated care planning constitutes a co-ordinated, person centred and active case management approach to conduct joint assessments of card ds and develop integrated care plans typically carried out by essionals as part of a multi-disciplinary, multi-agency teams.
e: For Multi-Disciplinary Discharge Teams related specifically to harge, please select HICM as scheme type and the relevant sub-type. rere the planned unit of care delivery and funding is in the form of grated care packages and needs to be expressed in such a manner, se select the appropriate sub-type alongside.
white term interposition to prove the leaders
rt-term intervention to preserve the independence of people who migerwise face unnecessarily prolonged hospital stays or avoidable isission to hospital or residential care. The care is person-centred and in delivered by a combination of professional groups.
ha en gr ise

12	Home-based intermediate care services	1. Reablement at home (to support discharge) 2. Reablement at home (to prevent admission to hospital or residential care) 3. Reablement at home (accepting step up and step down users) 4. Rehabilitation at home (to support discharge) 5. Rehabilitation at home (to prevent admission to hospital or residential care) 6. Rehabilitation at home (accepting step up and step down users) 7. Joint reablement and rehabilitation service (to support discharge) 8. Joint reablement and rehabilitation service (to prevent admission to hospital or residential care) 9. Joint reablement and rehabilitation service (accepting step up and step down users) 10. Other	Provides support in your own home to improve your confidence and ability to live as independently as possible
13	Urgent Community Response Personalised Budgeting and Commissioning		Urgent community response teams provide urgent care to people in their homes which helps to avoid hospital admissions and enable people to live independently for longer. Through these teams, older people and adults with complex health needs who urgently need care, can get fast access to a range of health and social care professionals within two hours. Various person centred approaches to commissioning and budgeting,
15	Personalised Care at Home	Mental health /wellbeing Physical health/wellbeing Other	including direct payments. Schemes specifically designed to ensure that a person can continue to live at home, through the provision of health related support at home often complemented with support for home care needs or mental health neds. This could include promoting self-management/expert patient, establishment of home ward for intensive period or to deliver support over the longer term to maintain independence or offer end of life care for people. Intermediate care services provide shorter term support and care interventions as opposed to the ongoing support provided in this scheme type.
16	Prevention / Early Intervention	1. Social Prescribing 2. Risk Stratification 3. Choice Policy 4. Other	Services or schemes where the population or identified high-risk groups are empowered and activated to live well in the holistic sense thereby helping prevent people from entering the care system in the first place. These are essentially upstream prevention initiatives to promote independence and well being.
17	Residential Placements	Supported housing Learning disability Setra care 4. Care home S. Nursing home 6. Short-term residential/nursing care for someone likely to require a longer-term care home replacement 7. Short term residential care (without rehabilitation or reablement input) 8. Other	Residential placements provide accommodation for people with learning or physical disabilities, mental health difficulties or with sight or hearing los who need more intensive or specialised support than can be provided at home.
18	Workforce recruitment and retention	I. Improve retention of existing workforce Local recruitment initiatives Increase hours worked by existing workforce A. Additional or redeployed capacity from current care workers Other	These scheme types were introduced in planning for the 2-23 AS Discharge Fund. Use these scheme decriptors where funding is used to for incentives or activity to recruit and retain staff or to incentivise staff to increase the number of hours they work.
19	Other		Where the scheme is not adequately represented by the above scheme types, please outline the objectives and services planned for the scheme in a short description in the comments column.

Scheme type	Units
Assistive Technologies and Equipment	Number of beneficiaries
Home Care or Domiciliary Care	Hours of care (Unless short-term in which case it is packages)
Bed based intermediate Care Services	Number of placements
Home-based intermediate care services	Packages
Residential Placements	Number of beds
DFG Related Schemes	Number of adaptations funded/people supported
Workforce Recruitment and Retention	WTE's gained
Carers Services	Beneficiaries

7. Narrative undate

Selected Health and Wellbeing Board:

East Sussex

Please set out answers to the questions below. No other narrative plans are required for 2024-25 BCF updates. Answers should be brief (no more than 250 words) and should address the questions and Key lines of enquiry clearly.

2024-25 capacity and demand plan

Please describe how you've taken analysis of 2023-24 capacity and demand actuals into account in setting your current assumpti

Working in conjunction across the 3 Sussex places and in engagement with our discharge hub leads, we analysed the discharge pathways based on the latest available 2023/24 demand data, as influenced by the John Bolton Theoretical Optimal Model, to establish more accurate splits and update our capacity model in alignment with the ICB's operational planning submission

Assumptions for 24/25 have been set based on the analysis of the 23/24 actuals. Summary of key points:

•There is variable access to Pathway 1 Home First Urgent Community Response (UCR) services due to geographical areas of challenge in respect of the availability of onward care capacity.

•The current processes for referral to Discharge to Assess (D2A) pathways are complex and there is a need to simplify the existing pathway.

 Assessment capacity to meet all demands including timely assessments to support discharge was a challenge over the winter period. •Eomplex cases remain a key issue, where clients' clinical needs are high requiring specialist input from a range of professionals and services

•The care market faces a continuing challenge to recruit and retain sufficient staff to meet demand both in the community and for hospital discharge

Have there been any changes to commissioned intermediate care to address any gaps and issues identified in your C&D plan? What mitigations are in place to address any gaps in capacity

Significant consideration has been given to the intermediate care requirements for 24/25 across all pathways within the East Sussex system. To address this, the Discharge Funding will be utilised to provide addition

home and bed based care along with social support for those on pathway 0. These include:

Bome care: additional block hours to support hospital discharge.

Bigh Intensity Users/Mental Health Discharge Co-ordinators

•Additional Adult Social Care assessment canacity •Bersonal Health Grants: small grants to support low level hospital discharges.

Assisted Discharge Home: additional capacity for this service provided by the British Red Cross to support low level hospital discharges.

What impacts do you anticipate as a result of these changes for

i. Preventing admissions to hospital or long term residential care?

The transformation programme, service redesign schemes and developments in East Sussex are significantly wider than those funded by the Better Care Fund however the BCF plans for 2023/25 seek to support people to stay well safe and independent at home for longer through:

1.Enhanced prevention, personalisation and reducing health inequalities

Support for people with mental health needs by ensuring access to a full range of services.

3. Continue to integrate health and social care services and work with our Primary Care Networks to embed proactive anticipatory care, and seamless wrap around care to people with long term care needs and conditions and those in care homes.

4. Improving services that deliver planned care for local people including voluntary sector support for carers and people with mental health needs.

ii. Improving hospital discharges (preventing delays and ensuring people get the most appropriate support)?

A key priority for improving discharge continues to be the Home First (HF) pathway, ensuring as many people as possible are discharged home from a stay in an acute hospital or community bedded setting. HF underpins our delivery of a Discharge to Assess (D2A) approach, enabling people to come home as soon as they are medically ready, with support wrapped around them by joint Health and Social Care service. This will include:

• Emplementing a strategic approach to our enhanced Discharge to Assess (D2A) services to improve outcomes for patients, including linking this to other services such as rehabilitation and reablement and pharmacy support.

•Beviewing the urgent community response model across acute, community health and social care. This will support people to avoid going into hospital where there is a better alternative service and enable them to get home quickly when they are ready to leave hospital.

•Rientifying and implementing Trusted Assessor opportunities, for example NHS staff being able to commission simple social care packages and telecare.

ase explain how assumptions for intermediate care demand and required capacity have been developed between local authority, trusts and ICB and reflected in BCF and NHS capacity and dema

East Sussex system partners have undertaken a significant amount of modelling to understand the demand and capacity for different parts of the system. Much of the data has been derived from tracking discharge hub activity and reviewing unmet community demand both within the NHS and local authority. Demand Assumptions

• Enderpinned by Trust Discharge Sitreps for four core providers, providing analysis by Pathway.

•Browth: net neutral

• Rhased by month by days in month with limited adjustments for seasonal variation.

•Ban Sussex assessment that 2% of Pathway 0 activity requires Social Support

-a limited amount of Pathway 2 activity transferred to Pathway 1 – Domiciliary care – in line with pan Sussex agreed focus on 'Home First' and evidence from East Sussex service leads.

Have expected demand for admissions avoidance and discharge support in NHS UEC demand, capacity and flow plans, and expected deman for long term social care (domiciliary and residential) in Market Sustainability and Improvement Plans, been taken into account in you BCF

Please explain how shared data across NHS UEC Demand capacity and flow has been used to understand demand and capacity for different types of int

The hospital discharge demand estimate is derived using the Operational Planning submission for Sussex ICB with common assumptions regarding transformation of discharge pathways for example underpinning the modelling, and with engagement with discharge hub leads.

Approach to using Additional Discharge Funding to improve

Briefly describe how you are using Additional Discharge Funding to reduce discharge delays and improve outcomes for people

	Linked KLOEs (For information)
Checklist	emice neces (rot miormation)
Complete:	Does the HWB show that analysis of demand and capacity secured during 2023-24 has been considered when calculating their capacity and demand
	assumptions?
Yes	
103	
	Does the plan describe any changes to commissioned intermediate care to address gaps and issues?
	Does the plan take account of the area's capacity and demand work to identify likely variation in levels of demand over the course of the year and build the capacity needed for additional services?
Yes	
	Has the plan (including narratives, expenditure plan and intermediate care capacity and demand template set out actions to ensure that services are available to support people to remain safe and well at home by avoiding admission to hospital or long-term residential care and to be discharged from hospital to an appropriate service?
Yes	
	Has the plan (including narratives, expenditure plan and intermediate care capacity and demand template set out actions to ensure that services are available to support people to remain safe and well at home by avoiding admission to hospital or long-term residential care and to be discharged from hospital to an appropriate service?
Yes	
	Does the plan set out how demand and capacity assumptions have been agreed between local authority, trusts and ICB and reflected these changes in UEC activity templates and BCF capacity and demand plans?
Yes	
Yes	
	Has the area described how shared data has been used to understand demand and capacity for different types of intermediate care?
Yes	

Significant consideration has been given to the intermediate care requirements for 24/25 across all pathways within the East Sussex system. To address this, the Discharge Funding will be utilised to provide additional home and bed based care along with social support for those on pathway 0. These include:

•Home care: additional block hours to support hospital discharge.

• Weekend Discharge Team: additional capacity to facilitate hospital discharge at weekends.

•High Intensity Users/Mental Health Discharge Co-ordinators

•Additional Adult Social Care assessment capacity

■Bersonal Health Grants: small grants to support low level hospital discharges.

•Additional D2A Beds and therapy in-reach support ☑

Please describe any changes to your Additional discharge fund plans, as a result from o Local learning from 23-24

o the national evaluation of the 2022-23 Additional Discharge Funding (Rapid evaluation of the 2022 to 2023 discharge funds - GOV.UK (www.gov.uk)

Throughout 23/24, Sussex made progress implementing the agreed SDP transformation priorities of the short-term system discharge improvement plan at system, place and provider level, supported by the system's participation in the national Discharge Front Runner Programme.

Following initial improvements in discharge delays in 23/24, the number of acute discharge delays increased during Autumn following admission demand pressure and the impact of industrial action on improvement and transformation. Despite the challenges, significant progress was made ahead of Winter with a notable reduction in the number of acute delays ahead of Christmas/New year. However a rise in admissions over Q4, not matched by an equivalent increase in discharges, has eroded some of the positive gains in NCTR and LoS made earlier in 2023/24. The challenge remains to translate the improvements into sustained operational improvements in respect of NCTR as benchmarked against peers.

Ensuring that BCF funding achieves impact

What is the approach locally to ensuring that BCF plans across all funding sources are used to maximise impact and value for money, with reference to BCF objectives and metrics?

How the application of the Better Care Fund, including the Discharge Funds, supports the delivery of the Sussex Shared Delivery Plan, is captured through the Sussex system oversight governance arrangements. East

Sussex governance arrangements link to the Shared Delivery Plan and System Oversight governance that encompasses health and social care, to ensure alignment of plans and benefits realisation through the current and future deployment of the BCF.

	Is the plan for spending the additional discharge grant in line with grant conditions?
Yes	
	Does the plan take into account learning from the impact of previous years of ADF funding and the national evaluation of 2022/23 funding?"
Yes	
	Does the BCF plan (covering all mandatory funding streams) provide reassurance that funding is being used in a way that supports the objectives of the
	Fund and contributes to making progress against the fund's metric?
Yes	

Door this plan contribute to addressing local performance issues and gaps identified in the areas conscitu and demand plan?

7. Metrics for 2024-25

Selected Health and Wellbeing Board: East Sussex

8.1 Avoidable admissions

*Q4 Actual not available at time of publication

Q4 Actual not available at time of publication							
		2023-24 Q1	2023-24 Q2	2023-24 Q3	2023-24 Q4	Rationale for how the ambition for 2024-25 was set. Include how learning and performance to date in 2023-24 has been taken into account, impact of demographic and other demand drivers. Please also describe how the ambition represents a stretching target for	Please describe your plan for achieving the ambition you have set,
		Actual	Actual	Plan	Plan	the area.	and how BCF funded services support this.
	Indicator value	195.7	182.6	172.7	173.3	Demographic change across all age groups is assumed to be	The East Sussex Urgent Community Response service is supported by
	Number of					minimal (<1%) derived from East Sussex JSNA report (Feb 24).	BCF funding primarily to ensure full geographical coverage. The
Indirectly standardised rate (ISR) of admissions per	Admissions	1,474	1,375	-	-		expansion of this service has also included development of a direct
100,000 population	Population	546,924	546,924	-			ambulance clinician to clinician decision making call via an admission avoidance single point of access enabling faster clinical decision
(See Guidance)		2024-25 Q1 Plan	2024-25 Q2 Plan	2024-25 Q3 Plan	2024-25 Q4	avoidable admissions each quarter for 24/25 compared with	making. This service - together with Virtual Wards expansion - supports a wide range of community need including chronic ambulatory care sensitive conditions and targets frailty, respiratory
	Indicator value	182.1	180.7	179.3		delivery plans, to be delivered through continued development of	

>> link to NHS Digital webpage (for more detailed guidance)

8.2 Falls

		2023-24 Plan	2023-24 estimated	2024-25		Please describe your plan for achieving the ambition you have set, and how BCF funded services support this.
Emergency hospital admissions due to falls in people aged 65 and over directly age standardised	Indicator value	2,134.6	2,421.8	,	from East Sussex JSNA report (Feb 24); Target reduction based on stabilising UCR activity supporting 'Falls' in 24/25 and translating that expanded service activity into a reduction in admissions due	expansion of this service has also included development of a direct ambulance clinician to clinician decision making call via an admission
rate per 100,000.	Count	3,278	3720	2007	month in 23/24 post ock expansion)	avoidance single point of access enabling faster clinical decision making. This service - together with Virtual Wards expansion - supports a wide range of community need including falls related
	Population	143,415	143,415	147,175		conditions.

Public Health Outcomes Framework - Data - OHID (phe.org.uk)

8.3 Discharge to usual place of residence

*O4 Actual not available at time of publication

				*Q4 Actual not av	vailable at time of publication	
	2022 24 04	2022 24 02	2022 24 02		Rationale for how the ambition for 2024-25 was set. Include how learning and performance to date in 2023-24 has been taken into account, impact of demographic and other demand drivers. Please	
	2023-24 Q1	2023-24 QZ	2023-24 Q3	2023-24 Q4	also describe now the ambition represents a stretching target for	Please describe your plan for achieving the ambition you have set,
	Actual	Actual	Actual	Plan	the area.	and how BCF funded services support this.
Quarter (%)	92.5%	92.6%	93.0%	94.0%	Applied 2% activity growth 23/24 to 24/25 (as per national	All Sussex places are committed to developing a discharge model

	Numerator	10,712	10,999	10,370	10,198		with a principle of Home First. East Sussex BCF and national discharge
Percentage of people, resident in the HWB, who are	Denominator	11,585	11,883	11,154		current pressures on the system, 24/25 Q1 Plan: set to improve on average level achieved in 23/24 based on introduction of revised	
discharged from acute hospital to their normal place of residence		2024-25 Q1	2024-25 Q2	2024-25 Q3		Home First policy, diverting 30% of patients on 'D2A' bedded care	capability and wrap around services. Together with the
		Plan	Plan	Plan	Plan		implementation of an interactive intermediate care workforce planning tool, a Transfer of Care Hub and system improvement plans
(SUS data - available on the Better Care Exchange)	Quarter (%)	93.0%	93.5%	93.5%	93.5%		including a full review of the discharge model supported by Professor
	Numerator	10,947	11,283	11,122	11,048		John Bolton, these initiatives are anticipated to deliver system 'shifts'
	Denominator	11,775	12,067	11,894	11,816		from Q2 24/25.

8.4 Residential Admissions

		2022-23 Actual	2023-24 Plan	2023-24 estimated	2024-25	Please describe your plan for achieving the ambition you have set, and how BCF funded services support this.
Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population	Annual Rate Numerator Denominator	488.8 701 143,415	450.4 696 154,515	302.9 468 154,515		Continued investment in Joint Community Rehab and other community based services, maximising opportunity for people to remain living in their own homes. Maximising use of seven Extra Care Schemes across the East Sussex, providing accommodation with on-site support. Continued investment in D2A beds and other discharge support services including community equipment and

Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population (aged 65+) population projections are based on a calendar year using the 2018 based Sub-National Population Projections for Local Authorities in England:

https://www.ons.gov.uk/releases/subnationalpopulationprojectionsforengland2018based

Please note, actuals for Cumberland and Westmorland and Furness are using the Cumbria combined figure for the Residential Admissions metrics since a split was not available; Please use comments box to advise.

8. Confirmation of Planning Requirements

Selected Health and Wellbeing Board:

East Sussex

	202		Key considerations for meeting the planning requirement	Confirmed through
	Req		These are the Key Lines of Enquiry (KLOEs) underpinning the Planning Requirements (PR) to be confirmed for 2024-25 plan updates	
	Code PR1 A joir	intly developed and agreed plan	Has a plan; jointly developed and agreed between all partners from ICB(s) in accordance with ICB governance rules, and the LA; been	Cover sheet
[F			submitted? Paragraph 11	cover sheet
			Has the HWB approved the plan/delegated (in line with the Health and Wellbeing Board's formal governance arrangements) approval? *Paragraph 11 as stated in BCF Planning Requirements 2023-25	Cover sheet
			Have local partners, including providers, VCS representatives and local authority service leads (including housing and DFG leads) been involved in the development of the plan? <i>Paragraph</i> 11	Cover sheet
			Have all elements of the Planning template been completed? Paragraph 11	Cover sheet
in pl		ear narrative for the integration of Ith, social care and housing	Not covered in plan update	
Jointly agreed plan				

	555	A strategic inimed up when for Disabled	Lethers confirmation that we of DEC has been agreed with howing authorities?	Cover sheet
	PR3	Facilities Grant (DFG) spending	Is there confirmation that use of DFG has been agreed with housing authorities?	Cover sheet
		Tuenties drant (Br dy spending	In two tier areas, has:	
			- Agreement been reached on the amount of DFG funding to be passed to district councils to cover statutory DFG? or	Planning Requirements
			- The funding been passed in its entirety to district councils?	0 141 1 1
	PR4 & PR6	A demonstration of how the services	Has the plan (including narratives, expenditure plan and intermediate care capacity and demand template set out actions to ensure that	
		the area commissions will support the	services are available to support people to remain safe and well at home by avoiding admission to hospital or long-term residential care and	
		BCF policy objectives to:	to be discharged from hospital to an appropriate service?	
		Command asserts to assert		
NC2: Implementing BCF		- Support people to remain independent for longer, and where	Has the area described how shared data has been used to understand demand and capacity for different types of intermediate care?	
NC2: Implementing BCF		possible support them to remain in	Have gaps and issues in current provision been identified?	
Policy Objective 1:		their own home	There gaps and issues in content provision seen identified:	
Enabling people to stay			Does the plan describe any changes to commissioned intermediate care to address these gaps and issues?	
well, safe and		- Deliver the right care in the right		
independent at home for		place at the right time?	Does the plan set out how demand and capacity assumptions have been agreed between local authority, trusts and ICB and reflected these	
longer			changes in UEC demand, capacity and flow estimates in NHS activity operational plans and BCF capacity and demand plans?	
longer				
			Does the HWB show that analysis of demand and capacity secured during 2023-24 has been considered when calculating their capacity and	
			demand assumptions?	
	PR5	A strategic, joined up plan for use of	Have all partners agreed on how all of the additional discharge funding will be allocated to achieve the greatest impact in terms of reducing	
		the Additional Discharge Fund	delayed discharges?	
Additional discharge				
funding			Does this plan contribute to addressing local performance issues and gaps identified in the areas capacity and demand plan?	
Tariang			Does the plan take into account learning from the impact of previous years of ADF funding and the national evaluation of 2022/23 funding?	
			poes the pian take into account learning from the impact of previous years of ADF funding and the national evaluation of 2022/23 funding?	
	DDC	A demonstration of how the services	PR 4 and PR6 are dealt with together (see above)	
	PR6	the area commissions will support	The 4 and the are dealt with together (see above)	
		provision of the right care in the right		
		place at the right time		
		,		
NC3: Implementing BCF				
Policy Objective 2:				
Providing the right care				
in the right place at the				
right time				

	PR7	A demonstration of how the area will	Does the total spend from the NHS minimum contribution on social care match or exceed the minimum required contribution?	
NC4: Maintaining NHS's		maintain the level of spending on social		
_		care services and NHS commissioned	Does the total spend from the NHS minimum contribution on NHS commissioned out of hospital services match or exceed the minimum	
contribution to adult		out of hospital services from the NHS	required contribution?	
social care and		minimum contribution to the fund in		
investment in NHS		line with the uplift to the overall		
commissioned out of		contribution		
hospital services				

Agreed expenditure plan for all elements of the BCF		components of the Better Care Fund	Do expenditure plans for each element of the BCF pool match the funding inputs? Where there have been significant changes to planned expenditure, does the plan continue to support the BCF objectives? Has the area included estimated amounts of activity that will be delivered/funded through BCF funded schemes? (where applicable) Has the area indicated the percentage of overall spend, where appropriate, that constitutes BCF spend? Is there confirmation that the use of grant funding is in line with the relevant grant conditions? Has the Integrated Care Board confirmed distribution of its allocation of Additional Discharge Fund to individual HWBs in its area? Has funding for the following from the NHS contribution been identified for the area: - Implementation of Care Act duties? - Funding dedicated to carer-specific support? - Reablement? Paragraph 12	
Metrics	PR9	Does the plan set stretching metrics and are there clear and ambitious plans for delivering these?	Is there a clear narrative for each metric setting out: - supporting rationales that describes how these ambitions are stretching in the context of current performance? - plans for achieving these ambitions, and - how BCF funded services will support this?	